



## Summer Training

BT Basketball is incredibly excited to take advantage of the number one time of the year to take your game to new heights - summer. I remember vividly the days where I would long for the summer to arrive so I could get in the gym all day any day and get to work. I still have training plans that I created for myself based on various summer camps I attended and coaches I consulted. Every day was a new opportunity to get better and jump ahead of competitors. I knew that now was the time to do anything and everything I could in order to gain every advantage.

Make no mistake - your game is made or broken in the summer. It is with this mindset that we bring to you our summer training sessions that will allow you two things. 1. A chance to attend intense, guided workouts throughout the summer and 2. Take all the drills we do and use them on your own. Simple recipe for massive growth. Up to you to make the decision to utilize it!

**\*\*\*Attend all sessions for the deepest discount\*\*\***

June 24<sup>th</sup> - 4-5:30, June 26<sup>th</sup> - 5-6:30, June 28<sup>th</sup> - 4-5:30

July 1<sup>st</sup>, 8<sup>th</sup>, 10<sup>th</sup>, 12<sup>th</sup> - 10-11:30

July 15<sup>th</sup> - 4-5:30, July 17<sup>th</sup> - 5-6:30, July 19<sup>th</sup> - 10-11:30

July 22<sup>nd</sup> - 4-5:30, July 24<sup>th</sup> - 5-6:30, July 26<sup>th</sup> - 10-11:30

July 29<sup>th</sup>, 31, August 2<sup>nd</sup>, 10-11:30

August 5<sup>th</sup>, 7<sup>th</sup>, 9<sup>th</sup> - 10-11:30

Register for all 19 sessions - Only \$395

12 sessions - \$300

Walk in sessions (welcome anytime) - \$30

5<sup>th</sup> - 12<sup>th</sup> grade boys/girls (broken into skill sets to maximize workout)

Sparta PAL - 38 Station Road

Name \_\_\_\_\_

Email \_\_\_\_\_

Grade (entering Fall 2019) \_\_\_\_\_ Sessions (19) \_\_\_\_\_ (12) \_\_\_\_\_

Checks payable to BT Basketball - 31 Upper Glen Lake Road, Sparta NJ 07871  
[www.brianthomasbasketball.com](http://www.brianthomasbasketball.com)